**Junior Year “TO-DO” List**

**SEPTEMBER**

* Continue to take courses that are required for graduation and/or prepare you for your future plans.
* Request any **schedule changes** no later than the end of the designated **Add/Drop** period for each semester.
* Begin to compile **extracurricular** and **community service** activities for high school.  What do you have to include on a resume?  Do you have as many activities as you would like a prospective college or employer to see?
* Become familiar with **different colleges.** Use the internet and resources in the Counseling Office to research.
* Meet with **Admissions Representatives** from schools you are interested in, they will visit the Counseling Office!
* Begin preparing for the **PSAT exam** in October.  Watch for registration information.
* Interested in playing for **Division I or II sports** in the future?  Register with the **NCAA Eligibility Center** at www.ncaaclearinghouse.net and make sure you are on-track with courses.

**OCTOBER**

* Considering the **military** in your future?  Take time to start meeting with recruiters.
* **College Nights**:  Attend the regional college fair at ***SUNY Plattsburgh Fieldhouse*** in the beginning of October.
* Continue to meet with **Admissions Representatives** from schools you are interested in

**NOVEMBER**

* **Review grades** and make sure you are making positive progress in all classes.
* If able, continue to plan college visits to campuses

**DECEMBER**

* Using your **PSAT results** and scores, begin to develop a more specific list of colleges
* Speak with graduates who are home from college regarding schools in which you are interested.
* Make plans to take the **SAT, ACT Tests** and **SAT Subject Tests** if appropriate, in the spring.  Watch deadlines for registration
* Don’t miss the **Young Alumni Panels**.  Hear first-hand from recent LPHS grads about the transitions into life after high school.

**JANUARY**

* **Individual Junior Meetings**:  Meet with your counselor to talk about college and career interests.  Review your transcript, co-curricular records and progress towards graduation.
* **Keep working in your classes!**  Admissions wants to see consistency.
* Prepare for any **upcoming Regents exams**.  January is a great time to improve a test score on your transcript.

**FEBRUARY**

* Continue the **college search** process.  Do you have any schools of interest yet?
* Interested in Health Professions?  Attend the **New Vision Health Occupations** Information Session.
* Begin to research interesting and challenging summer courses, activities or employment.
* **Register for any spring ACT or SAT exams**.  May and June test dates are very popular so request your test sites now

**MARCH**

* Meet with your guidance counselor to **request courses** for next year.
* Attend the **College Application Night** workshop.
* Consider taking the **SAT Subject Tests** in the spring for courses you are finishing this year.

**APRIL**

* April is a popular month for **Open House programs** at colleges. Start to make plans to visit colleges in the spring and summer.
* Think about how you would like to **spend your summer**.  Internship? Work? Summer School? Travel?  Choose something important to you – rather than just something you think “will look good” on your resume or college application.

**MAY**

* **Review senior schedule** to make sure it is challenging and appropriate for the course of study you wish to pursue in the future
* Take any **Advanced Placement examinations** for courses you are currently enrolled in.

**JUNE**

* Continue narrowing down **potential colleges**.  Make specific arrangements to visit colleges and schedule interviews over the summer
* Prepare for any **Regents exams** you will take this month.
* Register for **summer school** OR **summer Regents** exams.  (IF these are offered in August – subject to change.)

**Overall -- Things to Remember**

* Do you have to take the **SAT** or **ACT** your junior year? No, but if you wait until your senior year, you are limiting yourself and adding more to your already busy senior year. Better to take them in the spring and retake them your senior year if you are not happy with the results.
* Do you feel strong in a particular subject? Did you take an AP course? Are you applying for a concentrated major? Consider taking the SAT Subject Tests. See your counselor for help and information.
* Make sure you’re taking all the **required courses** you need for college. Many top four-year colleges prefer your high school education to include classes in English, math, science, social studies and foreign language all four years.
* Evaluate your **extra-curricular activities –** sports, jobs, clubs, community service and more.  Keep in mind that ***quality*** is more important than quantity. In addition to your transcript, schools look at how you spend your free time.  Have you made a difference along the way?
* Keep up your **list of your awards and extracurricular activities**, along with the dates you participated and the names and contact information of people who could be references.